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The American College of Psychiatrists Announces 2021 Award Recipients: Awards Honor Leaders in Mental Health

Chicago, January 26, 2021—The American College of Psychiatrists has announced the recipients of its 2021 awards, which will be presented at The College's Annual Meeting in Naples, Florida, on February 26, 2022. The awards recognize those mental health professionals responsible for advancing psychiatry through their service, research, clinical work, and educational activities.

Francis G. Lu, M.D., Receives the Distinguished Service Award

The Distinguished Service Award recognizes significant achievements and leadership in the field of psychiatry.

Francis G. Lu, M.D., is the Luke & Grace Kim Professor in Cultural Psychiatry, Emeritus, at the University of California, Davis. As a Distinguished Life Fellow of the American Psychiatric Association (APA), Dr. Lu has contributed widely to the areas of cultural psychiatry, including the interface with religion/spirituality, psychiatric education, diversity/inclusion, mental health equity, and psychiatry/film. He is a champion for minority mental health as well as an advocate and mentor to countless psychiatrists.

Dr. Lu's many awards include the APA Special Presidential Commendations in both 2002 and 2016 for his contributions to cultural psychiatry; the American Psychiatric Foundation's Advancing Minority Mental Health Award in 2008; The American College of Psychiatrists' Creativity in Psychiatric Education Award for the Ethnic/Minority Psychiatric Inpatient Programs at San Francisco General Hospital; and in 2020, the Society for the Study of Psychiatry and Culture's Lifetime Achievement Award.

From 2002 to 2019, Dr. Lu served on the APA Council on Minority Mental Health and Health Disparities and has been a member of over fifty professional organizations throughout his career and in retirement. He has served on well over a hundred committees, task forces, and has held numerous leadership positions, including being president of the National Asian American and Pacific Islander Mental Health Association. Additionally, he has had 128 abstracts at meetings as well as almost 500 presentations. Dr. Lu has been

invited to present at grand rounds at 130 different departments of psychiatry including UC Irvine, and as well as regional, national, and international mental health agencies. As an emeritus professor, Dr. Lu's scholarly activity continues to contribute to the productivity of the UC Davis Department of Psychiatry.

He has been the author or co-author on almost 60 peer reviewed articles, 32 book chapters, five books, as well as training manuals, DVDs, monographs, model curriculum, and facilitator guides. He has taught a number of CME courses at Dr. Carlyle Chan's Door County Summer Institute, using film to discuss mindfulness and positive psychology. His DSM Outline for Cultural Formulation has been a staple of teaching with resident physicians and medical students regarding ethnic minority patients and their idioms of distress, immigration history, and acculturation.

Bowis Award Presented to Amy S. Hoffman, M.D., FACPsych

Each year, The College presents the Bowis Award to a Member or Fellow in the organization who has played an important leadership role in The College.

Dr. Amy S. Hoffman was elected to The College as a Member in 2010. She became a contributing member of the PIPE Editorial Board beginning in 2012 and was made Associate Editor in 2015. In July 2016, she was named Editor. In this role she has supported the PIPE Editorial Board Members, constantly seeking to improve the exam and the writing experience.

Dr. Hoffman has had an exemplary career as a public and forensic psychiatrist and has been a champion of underserved and marginalized populations. She is currently Chair of the Department of Psychiatry at Lincoln Medical & Mental Health Center in the Bronx, New York City, and has directed multiple inpatient and outpatient services in NYC, including work as a Deputy Director of Ambulatory & Community Psychiatry, and Medical Director of the Outpatient Psychiatry Clinic at Bellevue Hospital. Dr. Hoffman has also had a distinguished career in medical education. She was Director of the Fifth Pathway Program at Mt. Sinai School of Medicine, Director of Residency Training at Elmhurst Hospital, and served as Director of Medical Education for St. George's University School of Medicine at the Queens Health Network. In addition, Dr. Hoffman has been the recipient of multiple awards for her teaching acumen, and her current work in developing an innovative treatment service for addictions at Lincoln Medical & Mental Health Center has the potential to be a model for service delivery that could significantly impact the field and save countless lives.

Dr. Hoffman also has a private forensic practice and has been named to the New York State Supreme Court, 1st Judicial Department, Appellate Division Panel of Highly Qualified Psychiatrists, along with serving as an Expert Consultant to the Office of Professional Medical Conduct, New York State Department of Health.

Additionally, Dr. Hoffman provides service to a number of other organizations. She is a member of the Group for the Advancement of Psychiatry, serves on the Editorial Board of the Journal of Gay and Lesbian Mental Health, and has been a member of the Board of Directors of the Association for Rehabilitative Case Management and Housing (ACMH) in New York City, where she has served as President since 1995. She has been a valuable mentor to trainees, has served on multiple hospital committees, and is a Distinguished Fellow of the American Psychiatric Association.

The Award for Creativity in Psychiatric Education Presented to Johns Hopkins University's *National Curriculum in Reproductive Psychiatry*

The Award for Creativity in Psychiatric Education was created to recognize noteworthy teaching innovations in the field of psychiatry. The College has selected Johns Hopkins University for its *National Curriculum in Reproductive Psychiatry* (NCRP) program as the recipient of the 2021 Award.

NCRP is the first standardized curriculum in the field of reproductive psychiatry. This evidence-based, online, freely available curriculum provides a novel and valuable resource for those programs that struggle to provide education in this field. It also provides a much needed and clinically relevant resource for continuing education for practicing psychiatrists who may not have been exposed to such education in their training. The NCRP program is comprehensive, covering the major topics in reproductive psychiatry. Each topic area is divided into three sections: classroom materials, self-study, and continuing medical education (CME). While the curriculum is housed on a website, the bulk of the materials are designed to be used in a classroom setting with trainees and a facilitator.

The curriculum comprises approximately 75 hours of teaching material. It can be used in its entirety as a curriculum for postgraduate fellowship training in reproductive psychiatry, or for a women's mental health track in a consultation-liaison fellowship. Residency programs are able to pick and choose which modules they want to complete. For programs with limited time to devote to this topic, or those who do not have the expertise to choose topics themselves, there is a five-hour "mini" curriculum focused on core topics in reproductive psychiatry such as the risk-risk analysis of decision-making of the use of medications in pregnancy. An expanded 10-hour "mini" curriculum is currently being prepared.

In addition to Chair Dr. Lauren Osborne and Vice-Chair Dr. Sarah Nagle-Yang, the NCRP Committee is rounded out by members Erin Murphy-Barzilay, M.D., University of California Los Angeles; Lisa Catapano, M.D., George Washington University; Julia R. Frew, M.D., Dartmouth; Priya Gopalan, M.D., University of Pittsburgh; Neha Hudepohl, M.D., University of South Carolina; Lucy A. Hutner, M.D., Co-founder and Advisor for Phoebe, a digital platform focused on pregnancy and postpartum; Nicole Leistikow, M.D., University of Maryland; and Robin Valpey, M.D., University of Pittsburgh.

Helen E. Herrman, M.D., AO, Named Honorary Fellow in The College

The American College of Psychiatrists awards Honorary Fellowships in The College to distinguished professionals who have made significant scientific and clinical contributions to the field of psychiatry.

Dr. Helen E. Herrman lives and works in Melbourne, Australia, as Professor of Psychiatry at Orygen, National Centre of Excellence in Youth Mental Health, and the Centre for Youth Mental Health at The University of Melbourne. She is a psychiatrist, public health practitioner, and was President of the World Psychiatric Association through 2020. She is also immediate past president of both the International Association of Women's Mental Health and the Pacific Rim College of Psychiatrists, a practitioner fellow of the Australian National Health and Medical Research Council, a member of the Lancet Commission on Global Mental Health from 2015-2018, Director of the World Health Organization (WHO) Collaborating Centre in Mental Health, Melbourne, and served for a year as regional adviser in mental health for the WHO's Western Pacific Region based in Manila. While Dr. Herrman was Professor and Director of Psychiatry at St. Vincent's Health Melbourne, she led the development of an integrated area mental health service under Australia's national reform of mental health care.

Dr. Herrman's research and practice interests include community mental health care and the promotion of mental health. She has worked extensively in the areas of mental health of marginalized groups, including homeless people, prisoners, and young women and men living in out-of-home care. She has received a number of civil and professional awards, including Officer of the Order of Australia (AO), Doctor of Medical Science (honoris causa) from The University of Melbourne, and an honorary Doctor of Medical Science degree from the University of Maryland. She was also inducted to the Victorian Honour Roll of Women, and received the Royal Australian and New Zealand College of Psychiatrists' College Citation for contributions to national and international psychiatry.

The College Names Phillip D. Harvey, Ph.D., Recipient of the Stanley Dean Research Award

The Stanley Dean Research Award honors an individual who has had a major impact on the diagnosis and treatment of schizophrenic disorders.

Dr. Phillip D. Harvey is Leonard M. Miller Professor of Psychiatry and Behavioral Sciences at the University of Miami School of Medicine. He has made many important contributions in the areas of cognitive nosology and the treatment of schizophrenia, advancing the understanding of both medication and disability/cognitive treatments of schizophrenia.

Dr. Harvey's work in the area of schizophrenia has spanned over 35 years, with consistent focus on cognitive dysfunction and its related features, their correlates, and their central role in the illness. His work on cognition and functioning has evolved with the field over the years, starting with the use of clinical neuropsychological tests and now examining functional capacity, self-awareness, and the heritability of disability and the association of genetic variants with performance-based measures of functional, cognitive, and social cognitive abilities. He is currently conducting multiple studies aimed at refining the understanding of the dimensions of disability in schizophrenia, including the study of the relationships between cognitive impairments, discrete functional skills, and elements of real world outcomes. These studies have the overall aim of more clearly identifying the targets for treatment studies. His future plans include the continued examination of the complex determinants of disability in schizophrenia, developing targeted treatments aimed at discrete causes of disability, and evaluation of pharmacological and behavioral treatments for their importance in disability reduction.

Dr. Harvey has also provided public service based on his research results. When the Social Security Administration partnered with the NIMH to provide high-level scientific evidence to support the automatic award of health insurance and disability compensation with schizophrenia, Dr. Harvey was chosen to lead the blue-ribbon panel that moved this initiative forward, leading to the publication of white papers accompanied by commentary by the director of the NIMH.

Dr. Harvey has received numerous awards, including the inaugural Distinguished Clinical Investigator Award from The Schizophrenia International Research Society (SIRS); the Alexander Gralnik M.D. Award for important clinical discoveries in schizophrenia research from the American Psychiatric Association (2014); and the US Department of Veterans Affairs, Office of Research and Development's John Blair Barnwell Award for Clinical Research (2104), the first recipient in mental health and the first psychologist to win this award. The award cited his extensive research in functional outcomes in schizophrenia and bipolar disorder in veterans and noted how his research and publications had changed the pattern of care received by veterans with mental health problems as a result.

Helen C. Kales, M.D. Named Recipient of Award for the Research in Geriatric Psychiatry

The Award for Research in Geriatric Psychiatry honors an individual who has made major contributions to the field of geropsychiatry.

Dr. Helen C. Kales is Chair of the Department of Psychiatry and Behavioral Sciences at University of California, Davis School of Medicine, as well as the Joe Tupin Endowed Chair in Psychiatry. Having earned national and global recognition for excellence in geriatric mental health services research throughout her career, the themes of her research encompass outcomes of neuropsychiatric symptoms of dementia, development of tools for helping dementia care-giver distress, late-life depression care adherence (particularly in primary care settings), racial disparities in mental health treatment and outcomes, and psychotropic pharmaco-epidemiology. Her international stature in the field of geriatric psychiatry was recently evidenced by appointment to the Lancet Commission on Dementia, yielding a 2017 landmark report linking science, practice, and policy.

Dr. Kales' scientific contributions are characterized by an exceptional degree of transdisciplinary expertise, embracing psychiatry, neurology, internal medicine, epidemiology, and medical anthropology—all of which exhibit her ability to lead multidisciplinary teams of scientists, clinicians, consumers, payors, and policymakers. Her research is deeply pragmatic, humanitarian, and policy-relevant, evidencing both a passionate concern for health justice for older adults and an unflagging commitment to mentoring early career physician scientists in geriatric mental health services and implementation sciences.

Previously at the University of Michigan, she was the founding Director of the UM Program for Positive Aging (PPA), a multifaceted UM program established in 2009. She also served as Director of the Section of Geriatric Psychiatry from 2009-2014, overseeing all clinical, educational, and research operations, and building the Section to include 10 geriatric psychiatrists. As a fellowship-trained, board-certified geriatric psychiatrist, Dr. Kales' research program is directly informed by her clinical work and experiences with patients, families, providers, and systems to diminish the barriers to effective and high-quality care for older patients with mental health issues and/or dementia.

She is a recognized national and international expert in outcomes related to later-life depression, racial disparities in later-life mental health treatment, the risks of use of antipsychotic and other psychotropic medications in older adults, and research into ways to improve dementia care. One of her most important achievements is the co-creation of the DICE Approach™, which mirrors the clinical reasoning process used by dementia behavior experts to assess and manage BPSD, and was created to assist family caregivers in identifying, monitoring and managing behaviors while simultaneously addressing caregivers' motivation, self-efficacy and problem-solving skills.

John F. Greden, M.D., FACPpsych, Selected as Recipient of Award for Research in Mood Disorders

The Award for Research in Mood Disorders is given to an individual who has advanced the understanding and treatment of depression and bipolar disorder.

Dr. John F. Greden is the Rachel Upjohn Professor of Psychiatry and Clinical Neurosciences in the Department of Psychiatry, Founder and Executive Director of the University of Michigan Depression Center from 2001-present, Founding Chair, National Network of Depression Centers (NNDC), and Research Professor in the Michigan Neurosciences Institute. He joined the faculty at the University of Michigan

Medical School in 1974 and served as Chair of Michigan's Department of Psychiatry from 1985 to 2007 when he stepped down to focus on directing the Depression Center and developing the NNDC.

Dr. Greden has championed numerous investigations targeting improved care for individuals afflicted with depression, bipolar and other mood disorders. He has led efforts in the field to identify and study the factors and mechanisms that determine individual responsiveness to therapies. This includes discovery research to identify drug targets relevant to the treatment of mood disorders and other biomarker candidates that predict pharmacologic treatment responses. This research has coincided with the development of strategies to improve long-term treatment adherence in positive responders to promote life-long effectiveness and to help prevent recurrences. Access to mental healthcare for individuals with mood disorders has also been an area of concern to Dr. Greden, for which he has helped establish programs for vulnerable and under-represented populations of high need for mood disorder interventions. These include programs for veterans, people with substance and alcohol use disorders and developmental disabilities among others, with high emphasis on programs and strategies that address the stigma confronting those who seek treatment for mood disorders.

Because of the long recognition of the comorbid nature of mood disorders, Dr. Greden has also spearheaded efforts to create an interdisciplinary infrastructure that integrates multiple medical disciplines to establish relationships between mood disorders and associated comorbidities. This includes the development and dissemination of screening protocols and training to primary care professionals, who represent the frontline of mental health care for most patients in the healthcare system. Many of these research initiatives have been made possible by his ability to forge collaborations and partnerships beyond medical science to include the basic sciences and philanthropic communities.

As a committed supporter of trainees and young investigators, Dr. Greden has served as a mentor for more than a dozen NIH or Veterans Administration "K" awardees and young investigators, supporting trainees and researchers with pilot funding, presenting 10 keynote addresses for the American Psychiatric Association's "Psychiatry Young Investigators' Colloquium", and educating 10 former residents who have become department chairs in other Universities.

Dr. Greden has almost three decades of NIH funding as a principal investigator, co-investigator, or consultant, including serving as P.I. of several NIH Center grants. He has authored or co-authored more than 400 articles, presented approximately 335 invited lectures, edited five books, written 37 book chapters, refereed for 18 journals, served as Co-Editor-in-Chief of the Journal of Psychiatric Research for eight years, and as an editorial board member for 10 other journals. He also served as Co-Editor for a special issue of the American Psychiatric Association's FOCUS Journal that addressed neglected topics in mood disorders. He is currently a member of the Scientific Advisory Board of the Depression and Bipolar Support Alliance, served as President of three national scientific societies, and was Board President of the American Foundation for Suicide Prevention.

The American College of Psychiatrists

Founded on May 8, 1963, in St. Louis, Missouri, The American College of Psychiatrists is a not-for-profit honorary association dedicated to providing continuing education to its Members, promoting the latest advances in the specialty, and supporting the highest standards in psychiatry. Membership in The College is limited to 750 practicing psychiatrists who have demonstrated outstanding competence and national recognition in the field of psychiatry. For more information, visit The College Web site at www.ACPsych.org.